

**Being in Balance Physical Therapy
Client Intake Form**

First Name: _____ Last Name: _____ Today's Date: _____
Address: _____ City: _____ State: ___ Zip Code: _____
Phone Number: _____ Email Address: _____
Preferred method of communication: ___ phone ___ text ___ email
Date of Birth: _____ Age: _____
Occupation: _____ Employer: _____
Emergency Contact: _____ Phone Number: _____

Responsible Party (if client is a minor): _____
Address: _____ City: _____ State: ___ Zip Code: _____
Phone Number: _____ Email Address: _____
Relationship to Client: _____

Primary Care Physician: _____ Phone Number: _____
Address: _____
Primary Insurance: _____ Insured Party's Name: _____

How did you hear about Being in Balance Physical Therapy? _____
May I have permission to contact this person to thank them for referring you? _____

Do you have a written referral from an MD, DO, DC or DPM? _____
Have you received / are you receiving home health physical therapy services? _____
Have you received / are you receiving outpatient physical therapy services? _____
Are you currently receiving any other health / wellness services (such as massage, acupuncture, chiropractic care, energy work)? _____

Do you exercise on a regular basis? _____
Please list your hobbies and recreational activities: _____

Do you have/ have you experienced any of the following? Place an X next to each.

- | | |
|--|--|
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Irritable Bowel Syndrome |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Jaw/TMJ issues |
| <input type="checkbox"/> Aneurysm | <input type="checkbox"/> Kidney issues |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Liver issues |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Lung issues |
| <input type="checkbox"/> Autoimmune issues | <input type="checkbox"/> Lupus |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Lymphedema |
| <input type="checkbox"/> Bell's Palsy | <input type="checkbox"/> Marijuana use |
| <input type="checkbox"/> Bladder problems | <input type="checkbox"/> MRSA/ Staph infection |
| <input type="checkbox"/> Bowel problems | <input type="checkbox"/> Mastectomy/Lumpectomy |
| <input type="checkbox"/> Blood clots | <input type="checkbox"/> Menstrual issues |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Breastfeeding | <input type="checkbox"/> Miscarriage |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> C-Section | <input type="checkbox"/> Neurological issues |
| <input type="checkbox"/> Car accident | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Osteoporosis/Osteopenia |
| <input type="checkbox"/> Candida | <input type="checkbox"/> Pacemaker |
| <input type="checkbox"/> Colitis | <input type="checkbox"/> Painful intercourse |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Panic Attacks |
| <input type="checkbox"/> Cosmetic surgery | <input type="checkbox"/> Pelvic Instability |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Plantar Fasciitis |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Port/Shunt/Central Line |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Post-partum < 1 year |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Number of births ____ |
| <input type="checkbox"/> Fainting | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Raynaud's Disease |
| <input type="checkbox"/> Food sensitivities | <input type="checkbox"/> Rash or other skin condition |
| <input type="checkbox"/> Fungal infections | <input type="checkbox"/> Recreational drug use |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Rheumatoid Arthritis |
| <input type="checkbox"/> Edema | <input type="checkbox"/> Sciatica |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Endometriosis | <input type="checkbox"/> Shingles |
| <input type="checkbox"/> Gallbladder issues | <input type="checkbox"/> Smoking |
| <input type="checkbox"/> Gastric Reflux | <input type="checkbox"/> Spinal Stenosis/Spondylolisthesis |
| <input type="checkbox"/> Headaches | <input type="checkbox"/> Sprains |
| <input type="checkbox"/> Heart issues | <input type="checkbox"/> Stroke/CVA |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Tendonitis |
| <input type="checkbox"/> Heel spur | <input type="checkbox"/> Thyroid issues |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Tinnitus/ringing in the ears |
| <input type="checkbox"/> Herniated disc | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> HIV | <input type="checkbox"/> Varicose Veins |
| <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Incontinence | <input type="checkbox"/> Vision changes |

Other conditions not listed above: _____

Surgeries (with date): _____

Allergies to medications, foods, latex: _____

Current medications and supplements: _____

What is the primary complaint that you are seeking intervention for? _____

Other physical or emotional traumas that you feel comfortable sharing: _____

Please list anything else that you feel would be important for your therapist to know: _____

client name

date

client signature